

Important Pre-Operative Instructions

The following is some general information to prepare you for your oral surgery procedure.

Diet

Patients having I.V. sedation should have nothing to eat or drink for a minimum of **6 hours** prior to surgery. Your diet should be kept soft after surgery or according to Dr. Lopez's instructions. Foods such as soup, jello, mashed potatoes, soft drinks, warm drinks, etc. are permitted.

Clothing

DRESS COMFORTABLY

You will be very drowsy when you leave the office so be prepared to go home for a good nap. If possible wear a short sleeve shirt or blouse—we normally use I.V. sedation, blood pressure monitor and a heart monitor—it is more convenient to have your arm readily accessible.



Jewelry

Jewelry should be kept to a minimum. Try to avoid wearing large and/or dangling earrings, bracelets or rings.

Hair Ornaments

Again we stress comfort. Elaborate hair styles and hair ornaments are discouraged.

Make-Up

Please avoid wearing lip stick and if possible nail polish. Other make-up is at each patient's discretion. Please try not to wear contact lenses since there may be an increased risk for corneal abrasions while under sedation.

Medications

Please follow your normal routine in taking medication before surgery (i.e. blood pressure medicine, heart medicine, etc.) Make sure that you drink the smallest amount of water in order to swallow your medication. Inform us if you have taken any pain medication or if you must take certain medications while you are at our office. Feel free to inquire about the types of anesthesia and the type of drugs administered.



Drivers

You must have someone to drive you home. They may either come with you and be available to sit in the recovery room or leave a phone number where they can be reached to pick you up. Small children are not allowed in recovery rooms. No sedated patient will be allowed to leave the office without a driver. However, patients who choose to have local anesthesia only, will be allowed to drive themselves home.



You must also arrange for someone to stay with you for the first 12-24 hours after your surgery.

JF LOPEZ DDS, MD,

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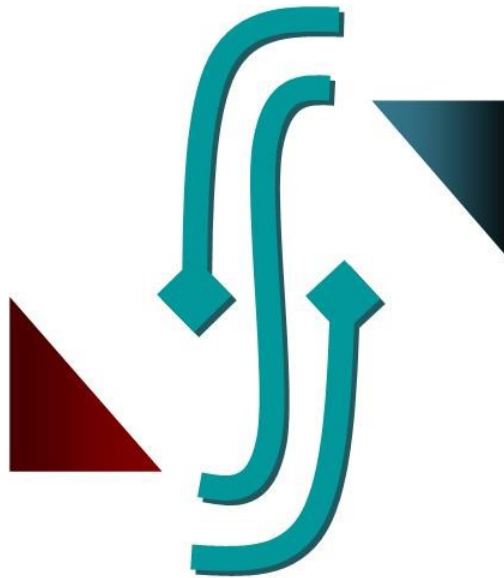
Thank You

Post-Operative Visits

You will be informed whether you need to return for a follow-up visit. These visits are necessary to make sure you are healing properly.

Thank you for entrusting us with your anesthetic needs. Your safety and well-being is our most important consideration. We hope you will be extremely satisfied with our services. Please feel free to contact Dr. Lopez with any questions or concerns prior to your surgery.

You may reach us at (713) 622-8607 at your convenience.



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ORAL AND MAXILLOFACIAL SURGERY

